

# WORRIED YOU MIGHT HAVE COVID-19?

## Cigna is here to help.

If you believe you are sick with COVID-19, we're here with useful tools and resources to help you access the care you need when you need it.

### First things first: check your COVID-19 symptoms

Use the **Buoy for Cigna Symptom Checker** to determine if you are at risk for COVID-19. If you're experiencing symptoms, we'll help guide you to next best steps for care.

CHECK SYMPTOMS

### Connect with a provider: you have options

Cigna is waiving out-of-pocket costs\* for COVID-19 visits that result in an order for a diagnostic test, whether at a provider's office, urgent care center, emergency room, or via virtual care, through the PHE period, currently scheduled to end on **January 21, 2021**. Virtual medical care is the most convenient and safest way to get the medical attention you may need without leaving home. Contact your PCP, or connect with a virtual care provider on **myCigna.com**.

FIND IN-NETWORK CARE

CONNECT NOW

### Access testing if you need it

If directed by your provider or by the Buoy for Cigna Symptom Checker, you can access testing in the following ways. Cigna is waiving out-of-pocket costs for **FDA-approved COVID-19 diagnostic (PCR and antigen testing) tests**\*\*

#### Visit a COVID-19 testing center

Your provider will help you determine if you need testing and, if so, where to go.

You may also search online by typing "COVID-19 testing sites near me" in your internet browser.

#### Access COVID-19 testing at home

At-home specimen collection kits that are FDA-approved (such as the Pixel by LabCorp testing kit) will be covered by Cigna (cost share waived) when medically necessary based on a provider's guidance or symptoms. To order the Pixel by LabCorp test kit, go to <https://www.pixel.labcorp.com/cigna>.

- ▶ Complete an online screening.
- ▶ Provide your Cigna insurance information.
- ▶ LabCorp will mail your specimen kit to you.
- ▶ Collect your own specimen by following the detailed instructions.
- ▶ Return the kit to LabCorp using the prepaid mailer.

*Results are available 1-3 days after sample is received at lab. Must be 18 or older. Not available in Puerto Rico.*

### A note about antibody tests

Serology tests detect the presence of antibodies produced after exposure to the virus. However, it remains uncertain whether individuals with antibodies are protected against reinfection with COVID-19; therefore, the CDC does not recommend serology tests to determine when it is safe for a person to return to work. There are limited diagnostic uses of antibody tests.\*\*



For up-to-date information and resources, visit our COVID-19 Resource Center at [Cigna.com/COVID19](https://www.cigna.com/COVID19).

Together, all the way.®



**Offered by: Cigna Health and Life Insurance Company, Connecticut General Life Insurance Company or their affiliates.**

\*This COVID-19 treatment policy applies to customers in the United States who are covered under Cigna's employer-union-sponsored insured group health plans, insured plans for US-based globally mobile individuals, and Medicare Advantage and Individual and Family Plans (IFP). Cigna will also administer the waiver to self-insured group health plans, and the company encourages widespread participation, although these plans will have an opportunity to opt out of the waiver option. Through January 21, 2021.

\*\* If you have symptoms of COVID-19 or are exposed to COVID-19 - diagnostic testing is covered. For reasons such as return to work and surveillance testing, refer to your plan design as many benefit plans do not cover such testing. [View Coverage Policy](#).

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